

Kant. **Sport**  
Benken **Fit-Tag**  
2. Juni 2012

**Rangliste**



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Frauen- und Damenriege  
Männerriege Benken



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# Hauptsponsor

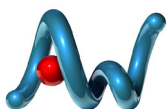
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Gommiswald . Kaltbrunn . Uznach

# Co-Sponsoren

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# Kategoriensponsoren

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## Rangliste Fit&Fun 1a und 1b

### Männer und Frauen

Rang	Verein	Fuss-Ball-Korb	Intercross	Endnote
1	STV Oberriet-Eichenwies	10Ti 6Tu <b>10.00</b>	12Ti 6Tu <b>10.00</b>	<b>10.00</b> 10.90579
2	FR MR Balgach	6Ti 2Tu <b>10.00</b>	7Ti 2Tu <b>10.00</b>	<b>10.00</b> 10.61245
3	FR MR Buchs	4Ti 4Tu <b>10.00</b>	5Ti 4Tu <b>10.00</b>	<b>10.00</b> 10.33033
4	STV Eschenbach	7Ti 5Tu <b>10.00</b>	5Ti 7Tu <b>10.00</b>	<b>10.00</b> 10.31529
5	TV Niederwil	7Ti 9Tu <b>10.00</b>	9Ti 9Tu <b>9.78</b>	<b>9.89</b>
6	FR MR Marbach	10Ti 10Tu <b>10.00</b>	8Ti 10Tu <b>9.58</b>	<b>9.79</b>
7	FR Lüchingen	7Ti 5Tu <b>10.00</b>	7Ti 5Tu <b>9.46</b>	<b>9.73</b>
8	Gymnastik Schmerikon	6Ti 2Tu <b>10.00</b>	4Ti 2Tu <b>9.42</b>	<b>9.71</b>
9	MR Rüthi	0Ti 8Tu <b>10.00</b>	0Ti 9Tu <b>9.38</b>	<b>9.69</b>
10	FR MR Kriessern	11Ti 13Tu <b>10.00</b>	11Ti 16Tu <b>9.36</b>	<b>9.68</b>
11	STV Oberhelfenschwil	5Ti 7Tu <b>10.00</b>	5Ti 7Tu <b>9.11</b>	<b>9.56</b>
12	TV Gossau	11Ti 5Tu <b>9.78</b>	11Ti 4Tu <b>9.14</b>	<b>9.46</b>
13	FR MR Degersheim	8Ti 4Tu <b>9.75</b>	8Ti 7Tu <b>9.04</b>	<b>9.40</b>
	FR Galgenen	8Ti 0Tu <b>9.67</b>	6Ti 0Tu <b>9.12</b>	<b>9.40</b>
15	FTV MTV Brunnadern	7Ti 5Tu <b>9.68</b>	7Ti 5Tu <b>9.01</b>	<b>9.35</b>
16	DTV Wildhaus	8Ti 0Tu <b>10.00</b>	6Ti 0Tu <b>8.68</b>	<b>9.34</b>
17	FR MR Widnau	4Ti 8Tu <b>8.81</b>	4Ti 8Tu <b>9.71</b>	<b>9.26</b>
18	TV Zuzwil	6Ti 6Tu <b>9.60</b>	6Ti 6Tu <b>8.76</b>	<b>9.18</b>
19	MR Wattwil	2Ti 10Tu <b>9.24</b>	3Ti 9Tu <b>9.03</b>	<b>9.14</b>
20	MR Oberegg	4Ti 8Tu <b>9.87</b>	4Ti 8Tu <b>8.29</b>	<b>9.08</b>
<b>21</b>	<b>STV Kaltbrunn</b>	<b>9Ti 23Tu 9.71</b>	<b>9Ti 24Tu 8.36</b>	<b>9.04</b>
	FTV MR Waldstatt	6Ti 10Tu <b>9.61</b>	5Ti 10Tu <b>8.46</b>	<b>9.04</b>
23	FR MR Niederurnen	5Ti 3Tu <b>8.99</b>	6Ti 3Tu <b>8.55</b>	<b>8.77</b>
24	FR MR Schwellbrunn	0Ti 12Tu <b>9.01</b>	0Ti 12Tu <b>8.31</b>	<b>8.66</b>
25	TV Bichwil	0Ti 8Tu <b>9.21</b>	0Ti 6Tu <b>8.06</b>	<b>8.64</b>
26	STV Gams	7Ti 5Tu <b>8.91</b>	7Ti 5Tu <b>8.08</b>	<b>8.50</b>
	FR MR Gommiswald	17Ti 15Tu <b>9.21</b>	17Ti 16Tu <b>7.78</b>	<b>8.50</b>
28	TV Rebstein	12Ti 12Tu <b>8.87</b>	12Ti 12Tu <b>8.06</b>	<b>8.47</b>
29	FR MR Teufen	1Ti 7Tu <b>8.63</b>	1Ti 8Tu <b>7.98</b>	<b>8.31</b>
30	FTV MR Urnäsch	15Ti 5Tu <b>8.91</b>	15Ti 6Tu <b>7.67</b>	<b>8.29</b>
31	TSV Mörschwil	0Ti 8Tu <b>8.34</b>	0Ti 6Tu <b>7.75</b>	<b>8.05</b>
32	MR Bad Ragaz	0Ti 8Tu <b>8.14</b>	0Ti 6Tu <b>7.88</b>	<b>8.01</b>

## Rangliste Fit&Fun 1a und 1b

### Seniorinnen und Senioren

Rang	Verein	Fuss-Ball-Korb	Intercross	Endnote
1	TV Niederwil	1Ti 7Tu <b>10.00</b>	1Ti 8Tu <b>10.00</b>	<b>10.00</b> 10.72941
2	DTV St.Gallen-Post	8Ti 0Tu <b>10.00</b>	6Ti 0Tu <b>9.11</b>	<b>9.56</b>
3	FR MR Kriessern	3Ti 5Tu <b>8.97</b>	3Ti 3Tu <b>9.99</b>	<b>9.48</b>
4	STV Heerbrugg	4Ti 4Tu <b>10.00</b>	4Ti 5Tu <b>8.90</b>	<b>9.45</b>
5	TV Zuzwil	7Ti 5Tu <b>10.00</b>	7Ti 5Tu <b>8.72</b>	<b>9.36</b>
6	STV Oberriet-Eichenwies	12Ti 0Tu <b>10.00</b>	12Ti 0Tu <b>8.57</b>	<b>9.29</b>
7	MR Bazenheid	4Ti 8Tu <b>7.67</b>	4Ti 8Tu <b>8.07</b>	<b>7.87</b>

## Rangliste Fit&Fun 2a und 2b

### Männer und Frauen

Rang	Verein	Ball-Kreuz	Unihockey	Endnote
1	FR MR Marbach	9Ti 9Tu <b>10.00</b>	10Ti 10Tu <b>10.00</b>	<b>10.00</b> 10.48443
2	TV Niederwil	9Ti 9Tu <b>10.00</b>	8Ti 10Tu <b>10.00</b>	<b>10.00</b> 10.37846
3	FR MR Kriessern	10Ti 14Tu <b>10.00</b>	11Ti 15Tu <b>10.00</b>	<b>10.00</b> 10.28983
4	STV Oberriet-Eichenwies	11Ti 7Tu <b>10.00</b>	11Ti 7Tu <b>10.00</b>	<b>10.00</b> 10.16397
5	FR MR Buchs	4Ti 2Tu <b>10.00</b>	6Ti 4Tu <b>9.98</b>	<b>9.99</b>
6	STV Oberhelfenschwil	5Ti 7Tu <b>9.87</b>	5Ti 7Tu <b>9.96</b>	<b>9.92</b>
7	MR Rüthi	0Ti 6Tu <b>10.00</b>	0Ti 10Tu <b>9.79</b>	<b>9.90</b>
8	TV Goldingen	6Ti 0Tu <b>10.00</b>	8Ti 0Tu <b>9.68</b>	<b>9.84</b>
9	FR Lüchingen	7Ti 5Tu <b>9.51</b>	7Ti 5Tu <b>10.00</b>	<b>9.76</b>
10	FR Galgenen	6Ti 0Tu <b>10.00</b>	8Ti 0Tu <b>9.45</b>	<b>9.73</b>
11	STV Eschenbach	6Ti 6Tu <b>9.40</b>	7Ti 7Tu <b>10.00</b>	<b>9.70</b>
12	TV Gossau	8Ti 4Tu <b>9.78</b>	11Ti 5Tu <b>9.54</b>	<b>9.66</b>
13	TV Zuzwil	6Ti 6Tu <b>9.52</b>	6Ti 6Tu <b>9.68</b>	<b>9.60</b>
14	Gymnastik Schmerikon	4Ti 2Tu <b>9.11</b>	6Ti 2Tu <b>9.75</b>	<b>9.43</b>
15	FR MR Widnau	3Ti 9Tu <b>10.00</b>	4Ti 8Tu <b>8.83</b>	<b>9.42</b>
	FR MR Balgach	5Ti 1Tu <b>9.26</b>	8Ti 2Tu <b>9.57</b>	<b>9.42</b>
17	MR Wattwil	3Ti 9Tu <b>9.66</b>	3Ti 9Tu <b>9.15</b>	<b>9.41</b>
18	FTV MR Waldstatt	6Ti 6Tu <b>8.98</b>	7Ti 9Tu <b>9.09</b>	<b>9.04</b>
	FR MR Teufen	6Ti 6Tu <b>9.67</b>	7Ti 9Tu <b>8.40</b>	<b>9.04</b>
20	FTV MTV Brunnadern	7Ti 5Tu <b>8.40</b>	7Ti 5Tu <b>9.64</b>	<b>9.02</b>
	MR Mels	0Ti 6Tu <b>9.25</b>	0Ti 8Tu <b>8.78</b>	<b>9.02</b>
22	FR MR Degersheim	6Ti 6Tu <b>8.90</b>	8Ti 6Tu <b>9.09</b>	<b>9.00</b>
23	STV Kaltbrunn	8Ti 22Tu <b>8.87</b>	9Ti 23Tu <b>8.93</b>	<b>8.90</b>
24	FTV MR Urnäsch	12Ti 6Tu <b>8.99</b>	14Ti 6Tu <b>8.76</b>	<b>8.88</b>
25	MR Oberegg	4Ti 8Tu <b>8.83</b>	4Ti 8Tu <b>8.90</b>	<b>8.87</b>
26	STV Gams	7Ti 5Tu <b>8.70</b>	8Ti 4Tu <b>8.99</b>	<b>8.85</b>
27	DTV Wildhaus	6Ti 0Tu <b>8.57</b>	8Ti 0Tu <b>8.86</b>	<b>8.72</b>
28	FR MR Gommiswald	19Ti 17Tu <b>8.35</b>	19Ti 17Tu <b>8.98</b>	<b>8.67</b>
29	TV Bichwil	0Ti 6Tu <b>8.66</b>	0Ti 8Tu <b>8.19</b>	<b>8.43</b>
30	DR MR Walenstadt	8Ti 4Tu <b>8.16</b>	9Ti 5Tu <b>8.59</b>	<b>8.38</b>
31	MR Bad Ragaz	0Ti 6Tu <b>8.23</b>	0Ti 8Tu <b>8.35</b>	<b>8.29</b>
32	FR MR Uzwil / Oberuzwil	0Ti 6Tu <b>7.90</b>	2Ti 6Tu <b>8.50</b>	<b>8.20</b>
33	TV Rebstein	12Ti 12Tu <b>7.71</b>	12Ti 12Tu <b>8.66</b>	<b>8.19</b>
	FR MR Schwellbrunn	0Ti 12Tu <b>7.93</b>	0Ti 12Tu <b>8.44</b>	<b>8.19</b>
35	TSV Mörschwil	0Ti 6Tu <b>8.28</b>	0Ti 8Tu <b>7.93</b>	<b>8.11</b>
36	FR MR Niederurnen	4Ti 2Tu <b>7.27</b>	5Ti 3Tu <b>8.65</b>	<b>7.96</b>
37	FTV Quarten	6Ti 0Tu <b>7.40</b>	8Ti 0Tu <b>7.91</b>	<b>7.66</b>

## Rangliste Fit&Fun 2a und 2b

### Seniorinnen und Senioren

Rang	Verein	Ball-Kreuz	Unihockey	Endnote
1	TV Niederwil	0Ti 6Tu <b>10.00</b>	0Ti 8Tu <b>10.00</b>	<b>10.00</b> 11.34367
2	TV Zuzwil	7Ti 5Tu <b>10.00</b>	7Ti 5Tu <b>9.84</b>	<b>9.92</b>
3	FR MR Kriessern	2Ti 4Tu <b>10.00</b>	3Ti 5Tu <b>9.65</b>	<b>9.83</b>
4	STV Heerbrugg	3Ti 3Tu <b>9.75</b>	5Ti 5Tu <b>9.12</b>	<b>9.44</b>
5	STV Oberriet-Eichenwies	12Ti 0Tu <b>8.77</b>	12Ti 0Tu <b>9.67</b>	<b>9.22</b>
6	DTV St.Gallen-Post	6Ti 0Tu <b>8.11</b>	8Ti 0Tu <b>9.05</b>	<b>8.58</b>
7	MR Bazenhaid	4Ti 8Tu <b>7.70</b>	5Ti 7Tu <b>8.56</b>	<b>8.13</b>

## Rangliste Fit&Fun 3a und 3b

### Männer und Frauen

Rang	Verein	Moosgummiring	Tennis-Ball-Rugby	Endnote
1	STV Oberriet-Eichenwies	11Ti 7Tu <b>10.00</b>	10Ti 6Tu <b>10.00</b>	<b>10.00</b> 10.40210
2	STV Eschenbach	6Ti 6Tu <b>10.00</b>	5Ti 7Tu <b>10.00</b>	<b>10.00</b> 10.26732
3	TV Gossau	8Ti 4Tu <b>10.00</b>	9Ti 7Tu <b>9.90</b>	<b>9.95</b>
4	FR MR Buchs	3Ti 3Tu <b>10.00</b>	4Ti 4Tu <b>9.85</b>	<b>9.93</b>
5	FR MR Balgach	4Ti 2Tu <b>10.00</b>	6Ti 2Tu <b>9.75</b>	<b>9.88</b>
6	FR Lüchingen	7Ti 5Tu <b>9.64</b>	7Ti 5Tu <b>10.00</b>	<b>9.82</b>
7	TV Niederwil	8Ti 10Tu <b>10.00</b>	8Ti 8Tu <b>9.46</b>	<b>9.73</b>
8	FR MR Kriessern	11Ti 13Tu <b>10.00</b>	10Ti 14Tu <b>9.41</b>	<b>9.71</b>
9	FR MR Marbach	8Ti 10Tu <b>10.00</b>	10Ti 10Tu <b>9.28</b>	<b>9.64</b>
10	STV Oberhelfenschwil	5Ti 7Tu <b>10.00</b>	4Ti 8Tu <b>9.10</b>	<b>9.55</b>
11	MR Rüthi	0Ti 6Tu <b>10.00</b>	0Ti 8Tu <b>8.97</b>	<b>9.49</b>
	FR MR Degersheim	6Ti 6Tu <b>9.97</b>	8Ti 4Tu <b>9.00</b>	<b>9.49</b>
13	FR Galgenen	6Ti 0Tu <b>9.76</b>	8Ti 0Tu <b>8.94</b>	<b>9.35</b>
14	FR MR Widnau	3Ti 9Tu <b>9.33</b>	3Ti 9Tu <b>9.04</b>	<b>9.19</b>
15	TV Zuzwil	6Ti 6Tu <b>9.31</b>	6Ti 6Tu <b>9.03</b>	<b>9.17</b>
16	Gymnastik Schmerikon	3Ti 3Tu <b>9.31</b>	5Ti 3Tu <b>8.95</b>	<b>9.13</b>
17	MR Wattwil	2Ti 10Tu <b>8.87</b>	3Ti 9Tu <b>8.95</b>	<b>8.91</b>
18	MR Bad Ragaz	0Ti 6Tu <b>9.59</b>	0Ti 8Tu <b>7.76</b>	<b>8.68</b>
19	STV Gams	7Ti 5Tu <b>8.40</b>	7Ti 5Tu <b>8.66</b>	<b>8.53</b>
20	FTV MR Waldstatt	5Ti 7Tu <b>8.87</b>	6Ti 10Tu <b>8.14</b>	<b>8.51</b>
21	MR Oberegg	4Ti 8Tu <b>8.79</b>	4Ti 8Tu <b>8.10</b>	<b>8.45</b>
22	FR MR Uzwil / Oberuzwil	2Ti 4Tu <b>8.44</b>	2Ti 6Tu <b>8.44</b>	<b>8.44</b>
<b>23</b>	<b>STV Kaltbrunn</b>	<b>8Ti 22Tu</b> <b>8.31</b>	<b>9Ti 23Tu</b> <b>8.54</b>	<b>8.43</b>
24	FTV MTV Brunnadern	7Ti 5Tu <b>8.77</b>	7Ti 5Tu <b>7.91</b>	<b>8.34</b>
25	DTV Wildhaus	6Ti 0Tu <b>8.93</b>	8Ti 0Tu <b>7.73</b>	<b>8.33</b>
	FR MR Teufen	5Ti 7Tu <b>8.76</b>	8Ti 8Tu <b>7.89</b>	<b>8.33</b>
27	FR MR Niederurnen	4Ti 2Tu <b>8.27</b>	6Ti 2Tu <b>8.22</b>	<b>8.25</b>
28	FR MR Schwellbrunn	0Ti 12Tu <b>7.88</b>	0Ti 12Tu <b>8.59</b>	<b>8.24</b>
29	FR MR Gommiswald	15Ti 15Tu <b>8.45</b>	17Ti 15Tu <b>7.82</b>	<b>8.14</b>
30	TV Rebstein	12Ti 12Tu <b>7.98</b>	12Ti 12Tu <b>7.82</b>	<b>7.90</b>
31	DR MR Walenstadt	8Ti 4Tu <b>8.07</b>	8Ti 4Tu <b>7.37</b>	<b>7.72</b>
32	FTV MR Urnäsch	12Ti 6Tu <b>7.90</b>	15Ti 5Tu <b>7.35</b>	<b>7.63</b>
33	TV Bichwil	0Ti 6Tu <b>7.82</b>	0Ti 8Tu <b>7.18</b>	<b>7.50</b>

## Rangliste Fit&Fun 3a und 3b

### Seniorinnen und Senioren

Rang	Verein	Moosgummiring	Tennis-Ball-Rugby	Endnote
1	TV Zuzwil	7Ti 5Tu <b>10.00</b>	7Ti 5Tu <b>10.00</b>	<b>10.00</b> 10.57081
2	TV Niederwil	0Ti 6Tu <b>10.00</b>	1Ti 7Tu <b>9.39</b>	<b>9.70</b>
3	STV Oberriet-Eichenwies	12Ti 0Tu <b>9.11</b>	12Ti 0Tu <b>10.00</b>	<b>9.56</b>
4	DTV St.Gallen-Post	6Ti 0Tu <b>9.67</b>	8Ti 0Tu <b>8.98</b>	<b>9.33</b>
5	STV Heerbrugg	3Ti 3Tu <b>9.80</b>	4Ti 4Tu <b>8.64</b>	<b>9.22</b>
6	FR MR Kriessern	2Ti 4Tu <b>10.00</b>	3Ti 5Tu <b>8.18</b>	<b>9.09</b>
7	MR Bazenheim	4Ti 8Tu <b>7.97</b>	4Ti 8Tu <b>8.02</b>	<b>8.00</b>



## Rangliste Zielkugelstossen

### Männer und Frauen

Rang	Verein	TU	Abw. cm	TUI	Abw. cm	Endnote
1	TV Goldingen	0	0	9	4	9.89
2	FTV MR Waldstatt	7	10	0	0	9.76
3	FR MR Buchs	5	12	7	8	9.75
4	FR MR Balgach	2	17	7	9	9.73
	TV Niederwil	10	16	9	6	9.73
6	FR MR Kriessern	17	13	11	11	9.68
	STV Eschenbach	7	14	7	12	9.68
8	FR MR Widnau	8	15	0	0	9.62
9	FR Lüchingen	5	22	7	11	9.61
	TSV Mörschwil	4	16	0	0	9.61
11	STV Oberhelfenschwil	7	15	5	18	9.60
12	DR Wägital	0	0	5	16	9.60
13	MR Bad Ragaz	8	17	0	0	9.59
14	MR Mels	8	17	0	0	9.58
15	FTV MTV Brunnadern	6	18	6	16	9.57
16	FTV Quarten	0	0	5	18	9.55
17	FR MR Gommiswald	8	23	14	17	9.53
18	STV Kaltbrunn	26	19	9	21	9.52
19	Gymnastik Schmerikon	3	17	5	23	9.48
20	STV Gams	6	33	8	15	9.43
21	MR Nesslau-Krummenau	4	26	0	0	9.36
22	FR MR Uzwil / Oberuzwil	6	33	2	23	9.25

### Seniorinnen und Senioren

Rang	Verein	TU	Abw. cm	TUI	Abw. cm	Endnote
1	DTV St.Gallen-Post	0	0	8	12	9.70
2	TSV Mörschwil	4	14	0	0	9.66
3	FR MR Kriessern	5	17	3	13	9.61
4	FR MR Gommiswald	8	21	1	6	9.51

## Rangliste Schleuderball

### Männer und Frauen

Rang	Verein	Anz TU	Ø Weite	Anz TUI	Ø Weite	Endnote
1	STV Kaltbrunn	4	47.85	0	0.00	10.00 11.71313
2	DR Wägital	0	0.00	4	34.60	10.00 10.55063
3	FTV MR Waldstatt	4	42.74	0	0.00	10.00 10.43438
4	FR MR Kriessern	5	43.52	7	31.50	10.00 10.13208
5	TV Gossau	5	41.02	3	29.62	9.74
6	TV Niederwil	4	38.69	0	0.00	9.42
7	MR Nesslau-Krummenau	4	35.64	0	0.00	8.66
8	FR MR Gommiswald	6	29.67	3	30.63	7.97
9	TV Goldingen	0	0.00	9	22.98	7.65
10	Gymnastik Schmerikon	3	27.63	1	32.51	7.50
11	MR Mels	8	29.56	0	0.00	7.14

### Seniorinnen und Senioren

Rang	Verein	Anz TU	Ø Weite	Anz TUI	Ø Weite	Endnote
1	FR MR Kriessern	4	41.15	0	0.00	10.00 10.53688
2	TV Niederwil	4	39.66	0	0.00	10.00 10.16438
3	FR MR Gommiswald	6	32.58	0	0.00	8.39

## Rangliste Crosslauf

### Männer und Frauen

Rang	Verein	TU	Ø Zeit	TUI	Ø Zeit	Endnote
1	FR MR Marbach	2	14' 46 "	2	17' 04"	9.53
2	STV Kaltbrunn	4	16' 06 "	0	0' 00"	9.42
3	STV Gams	3	16' 27 "	3	17' 31"	9.36
4	MR Mels	5	18' 27 "	0	0' 00"	8.89

## Rangliste Gigathlon

### Männer und Frauen

SNR	Verein	Biken	Joggen	Walken	Skaten	Endzeit
31	TV Bichwil 1	00:15:35	00:11:27	00:19:31	00:13:02	<b>00:59:35</b>
32	TV Bichwil 2	00:18:30	00:14:11	00:20:13	00:13:16	<b>01:06:10</b>
33	TV Bichwil 3	00:13:54	00:10:54	00:17:48	00:09:40	<b>00:52:16</b>
2	FTV MTV Brunnadern	00:21:12	00:12:40	00:18:58	00:12:10	<b>01:05:00</b>
34	FR MR Degersheim 1	00:18:12	00:12:34	00:21:25	00:13:01	<b>01:05:12</b>
35	FR MR Degersheim 2	00:16:39	00:13:05	00:16:28	00:10:41	<b>00:56:53</b>
3	STV Eschenbach	00:15:05	00:14:52	00:18:05	00:09:49	<b>00:57:51</b>
4	FR MR Gommiswald 1	00:16:48	00:16:32	00:19:11	00:12:14	<b>01:04:45</b>
5	FR MR Gommiswald 2	00:17:51	00:14:53	00:20:38	00:11:41	<b>01:05:03</b>
6	FR MR Gommiswald 3	00:17:56	00:15:49	00:19:55	00:13:17	<b>01:06:57</b>
7	FR MR Gommiswald 4	00:18:41	00:12:11	00:20:17	00:11:42	<b>01:02:51</b>
36	TV Gossau 1	00:17:46	00:13:14	00:19:37	00:14:28	<b>01:05:05</b>
37	TV Gossau 2	00:17:02	00:11:25	00:16:30	00:11:22	<b>00:56:19</b>
9	STV Kaltbrunn 1	00:15:00	00:11:05	00:17:20	00:10:33	<b>00:53:58</b>
10	STV Kaltbrunn 2	00:15:01	00:11:46	00:20:35	00:11:23	<b>00:58:45</b>
11	STV Kaltbrunn 3	00:16:25	00:12:49	00:19:18	00:10:56	<b>00:59:28</b>
12	STV Kaltbrunn 4	00:16:30	00:12:13	00:19:39	00:12:13	<b>01:00:35</b>
38	STV Kaltbrunn 5	00:17:35	00:13:57	00:20:44	00:11:41	<b>01:03:57</b>
13	STV Kaltbrunn 5	00:19:26	00:13:27	00:19:07	00:12:51	<b>01:04:51</b>
39	STV Kaltbrunn 6	00:20:06	00:13:45	00:23:48	00:08:54	<b>01:06:33</b>
14	FR MR Kriessern 1	00:17:28	00:12:20	00:18:13	00:13:26	<b>01:01:27</b>
15	FR MR Kriessern 2	00:15:55	00:14:11	00:17:55	00:11:59	<b>01:00:00</b>
16	FR MR Kriessern 3	00:15:03	00:12:57	00:18:12	00:10:35	<b>00:56:47</b>
17	TV Lichtensteig	00:19:41	00:13:23	00:20:19	00:15:08	<b>01:08:31</b>
18	MR Mels 1	00:15:05	00:11:51	00:20:42	00:10:59	<b>00:58:37</b>
19	TSV Mörschwil 1	00:16:18	00:12:48	00:18:49	00:10:18	<b>00:58:13</b>
22	FR MR Niederurnen 1	00:15:55	00:13:38	00:20:57	00:15:03	<b>01:05:33</b>
23	FR MR Niederurnen 2	00:16:37	00:15:47	00:21:02	00:13:00	<b>01:06:26</b>
24	FR MR Niederurnen 3	00:16:43	00:14:44	00:18:53	00:12:47	<b>01:03:07</b>
25	FR MR Niederurnen 4	00:18:44	00:13:31	00:16:23	00:14:30	<b>01:03:08</b>
41	TV Rebstein 1	00:15:59	00:14:51	00:13:39	00:16:02	<b>01:00:31</b>
42	TV Rebstein 2	00:17:41	00:15:03	00:19:42	00:13:07	<b>01:05:33</b>
43	MR Rüthi 1	00:13:40	00:11:28	00:17:31	00:09:37	<b>00:52:16</b>
44	MR Rüthi 2	00:16:49	00:12:15	00:17:01	00:10:06	<b>00:56:11</b>
46	FR MR Schwellbrunn	00:16:47	00:25:20	00:09:25	00:12:14	<b>01:03:46</b>
47	FR MR Teufen 1	00:20:32	00:15:54	00:16:58	00:14:36	<b>01:08:00</b>
48	FR MR Teufen 2	00:20:49	00:17:26	00:22:46	00:11:10	<b>01:12:11</b>
49	FTV MR Urnäsch 1	00:20:18	00:13:59	00:18:06	00:13:20	<b>01:05:43</b>
50	FTV MR Urnäsch 2	00:20:17	00:15:36	00:20:35	00:15:01	<b>01:11:29</b>
51	FTV MR Urnäsch 3	00:19:18	00:17:46	00:19:32	00:16:31	<b>01:13:07</b>
26	FTV MR Waldstatt 1	00:16:47	00:12:53	00:18:14	00:13:05	<b>01:00:59</b>

## Rangliste Gigathlon

### Männer und Frauen

SNR	Verein	Biken	Joggen	Walken	Skaten	Endzeit
27	FTV MR Waldstatt 2	00:22:27	00:11:36	00:22:00	00:13:30	<b>01:09:33</b>
52	DR MR Walenstadt 1	00:19:02	00:18:18	00:15:56	00:16:08	<b>01:09:24</b>
53	DR MR Walenstadt 2	00:20:56	00:13:05	00:18:25	00:13:44	<b>01:06:10</b>
54	DR MR Walenstadt 3	00:15:31	00:14:23	00:19:44	00:14:14	<b>01:03:52</b>
55	DR MR Walenstadt 4	00:21:02	00:14:02	00:17:22	00:13:39	<b>01:06:05</b>
56	DR MR Walenstadt 5	00:16:51	00:12:55	00:17:43	00:15:11	<b>01:02:40</b>
28	FR MR Widnau	00:16:34	00:15:26	00:17:34	00:12:15	<b>01:01:49</b>
57	TV Zuzwil	00:16:27	00:11:58	00:19:16	00:10:52	<b>00:58:33</b>
58	FR MR Teufen	00:27:23	00:14:19	00:19:30	00:10:58	<b>01:12:10</b>

### Seniorinnen und Senioren

SNR	Verein	Biken	Joggen	Walken	Skaten	Endzeit
8	FR MR Gommiswald	00:17:01	00:16:23	00:18:57	00:12:53	<b>01:05:14</b>
21	MR Nesslau-Krummenau	00:21:31	00:12:32	00:18:19	00:11:37	<b>01:03:59</b>

# Rangliste 3-Spiel

## Männer und Frauen

### Vorrundenspiele

#### Gruppe: A Vorrunde

Rang	Verein	Punkte	pos	neg
1	Eschenbach 1	12	56	35
2	Gommiswald 1	10	44	45
3	Gommiswald 2	9	43	45
4	Gommiswald 3	9	37	42
5	Goldingen 2	7	52	51
6	Goldingen 1	7	46	48
7	Gommiswald 4	7	41	53

#### Gruppe: B Vorrunde

Rang	Verein	Punkte	pos	neg
1	Lichtensteig 1	18	81	18
2	Eschenbach 2	12	48	36
3	Gommiswald 6	10	44	51
4	Goldingen 3	9	46	46
5	Gommiswald 8	7	45	54
6	Gommiswald 5	3	36	63
7	Gommiswald 7	3	33	65

#### Gruppe: C Vorrunde

Rang	Verein	Punkte	pos	neg
1	Lichtensteig 2	18	62	27
2	Kaltbrunn 4	15	58	34
3	Bad Ragaz 1	12	65	26
4	Kaltbrunn 3	6	46	51
5	Kaltbrunn 2	6	42	68
6	Lichtensteig 3	3	36	68
7	Kaltbrunn 1	3	33	68

#### Gruppe: D Vorrunde

Rang	Verein	Punkte	pos	neg
1	Bad Ragaz 2	15	56	30
2	Kaltbrunn 7	13	53	35
3	Quarten 1	9	49	48
4	Gams 1	9	40	56
5	Kaltbrunn 6	8	45	43
6	Kaltbrunn 5	4	43	51
7	Kaltbrunn 8	3	35	58

### Vorrundenspiele

#### Gruppe: E Vorrunde

Rang	Verein	Punkte	pos	neg
1	Niederwil 1	16	76	34
2	Uzwil/Oberuzwil 1	16	70	37
3	Niederwil 3	12	61	44
4	Niederwil 2	9	51	52
5	Quarten 2	3	52	67
6	Gams 2	3	44	77
7	Lüchingen 1	3	33	76

#### Gruppe: F Vorrunde

Rang	Verein	Punkte	pos	neg
1	Uznach 2	13	54	35
2	Uzwil/Oberuzwil 2	12	57	45
3	Uznach 1	12	56	40
4	Niederwil 5	7	55	55
5	Uznach 3	6	45	53
6	Lüchingen 2	6	45	61
7	Niederwil 4	6	42	65

#### Gruppe: G Vorrunde

Rang	Verein	Punkte	pos	neg
1	Widnau 1	15	56	31
2	Kriessern 4	10	55	42
3	Kriessern 3	10	45	48
4	Kriessern 1	9	53	46
5	Uznach 5	9	49	52
6	Kriessern 2	9	46	47
7	Uznach 4	0	33	71

#### Gruppe: H Vorrunde

Rang	Verein	Punkte	pos	neg
1	Oberriet	18	66	30
2	Brunnadern 1	15	56	29
3	Kriessern 6	12	48	36
4	Brunnadern 2	6	47	44
5	Kriessern 7	6	38	55
6	Kriessern 5	6	37	56
7	Widnau 2	0	27	69

# Rangliste 3-Spiel

## Männer und Frauen

### Vorrundenspiele

#### Gruppe: I Vorrunde

Rang	Verein	Punkte	pos	neg
1	Brunnadern 3	16	56	27
2	Waldstatt 2	15	61	28
3	Nesslau 1	10	51	40
4	Waldstatt 1	10	49	39
5	Wägital 1	7	44	47
6	Brunnadern 4	3	23	73
7	Mörschwil 1	0	0	30

#### Gruppe: J Vorrunde

Rang	Verein	Punkte	pos	neg
1	Waldstatt 4	18	50	27
2	Mörschwil 2	13	52	39
3	Waldstatt 3	9	47	38
4	Waldstatt 5	9	41	35
5	Nesslau 2	7	44	49
6	Wägital 2	6	43	59
7	Mörschwil 3	0	0	30

### Zwischenrunde

7	Brunnadern 3	0	29	70
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### Final

#### Gruppe: F1 Finalrunde

Rang	Verein	Punkte	pos	neg
1	Kaltbrunn 4	13	40	30
2	Brunnadern 1	12	43	44
3	Lichtensteig 1	11	52	25
4	Lichtensteig 2	10	45	34
5	Bad Ragaz 2	6	38	43
6	Oberriet	5	31	48
7	Waldstatt 2	1	23	48

### Zwischenrunde

#### Gruppe: Z1 Zwischenrunde

Rang	Verein	Punkte	pos	neg
1	Lichtensteig 1	18	67	13
2	Waldstatt 2	13	43	35
3	Lichtensteig 2	9	45	37
4	Eschenbach 1	9	38	48
5	Widnau 1	6	34	46
6	Uzwil/Oberuzwil 1	4	28	51
7	Uznach 2	3	33	58

#### Gruppe: Z2 Zwischenrunde

Rang	Verein	Punkte	pos	neg
1	Oberriet	15	55	29
2	Brunnadern 1	13	55	35
3	Bad Ragaz 2	13	54	34
4	Kaltbrunn 4	12	56	29
5	Waldstatt 4	6	41	52
6	Niederwil 1	3	28	69

# Rangliste 3-Spiel

## Seniorinnen und Senioren

### Vorrundenspiele

#### Gruppe: K Vorrunde

Rang	Verein	Punkte	pos	neg
1	Gommiswald 1	18	79	27
2	Kriessern 1	12	68	45
3	Gommiswald 2	9	56	56
4	Uzwil/Oberuzwil 1	9	50	51
5	Niederwil	6	43	65
6	Oberriet 1	6	41	74
7	Kriessern 2	3	43	62

#### Gruppe: L Vorrunde

Rang	Verein	Punkte	pos	neg
1	Mörschwil	15	56	34
2	Widnau	15	46	34
3	Oberriet 3	9	49	55
4	Gommiswald 3	9	47	49
5	Oberriet 2	6	46	44
6	Kriessern 3	6	43	48
7	Kaltbrunn	3	40	63

### Final

#### Gruppe: F2 Finalrunde

Rang	Verein	Punkte	pos	neg
1	Kriessern 1	15	59	38
2	Gommiswald 2	15	50	38
3	Mörschwil	12	55	37
4	Widnau	12	50	51
5	Uzwil/Oberuzwil 1	3	46	58
6	Gommiswald 3	3	45	61
7	Oberriet 3	3	40	62